

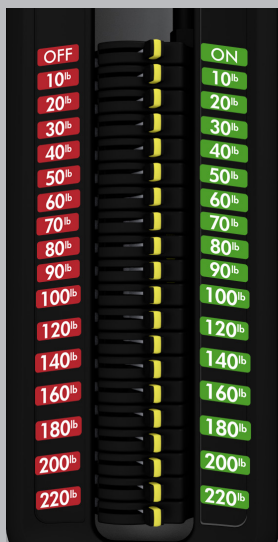
# NAUTILUS INSPIRATION

The Nautilus Inspiration Vertical Row with contoured support and smooth biomechanics delivers the satisfying feel of premium strength as it targets the mid and upper-back. With multiple hand grip positions and the ability to squeeze in either a unilateral or bilateral motion allows the user to maximize their performance. The use of a diverging axis in the Vertical Row keys in on the natural biomechanics needed to ensure each user is hitting their full range of motion. The Nautilus Vertical Row is an essential piece in the Inspiration Line and rounds out a well-defined strength circuit.



## VERTICAL ROW IPVR5

W	50 IN (127 CM)
L	45 IN (114 CM)
H	77 IN (196 CM)
STACK WEIGHT	240 LB (108 KG)
OVERALL WEIGHT	690 LB (313 KG)
SHIPPING WEIGHT	772 LB (350 KG)



## LOCK N LOAD WEIGHT SELECTION

Selecting a weight with the intuitive Lock N Load design is as easy as flicking a switch. Universally color coded switches engage and disengage the weight via an internal pin, providing a safer, more durable and maintenance free operation. Lock N Load prevents unnecessary maintenance headaches since there are no pins to lose or replace.



## SMART TOWER DESIGN

The beautifully designed Nautilus Inspiration line, with their uniform 64" (163 cm) towers, deliver superior lines of site across your venue and create a visually powerful impression during facility tours. The tower housing is designed to accommodate custom graphics and wraps to personalize the equipment in your facility.

### ADJUSTMENTS & MOVEMENTS

<b>USER DEFINED RANGE OF MOTION</b>	Fixed path of motion with standard 3 hand grip position options.
<b>ASSISTED ADJUSTMENTS</b>	Wrap-around gas assist seat adjust with axis of rotation highlighted for precise user positioning.
<b>COLOR CODED PIVOT POINTS AND ADJUSTMENTS</b>	Yes on all units
<b>UNILATERAL OR BILATERAL MOVEMENT</b>	Unilateral and Bilateral dependent can be performed (one or two arm movements)
<b>CONVERGING OR DIVERGING MOVEMENTS</b>	N/A
<b>PULLEY RATIO</b>	1:1 pulley ratio

### FRAME SPECIFICATIONS & CABLE INFORMATION

<b>STANDARD FRAME COLOR OPTIONS</b>	60 Black
<b>STANDARD UPHOLSTERY COLOR OPTIONS</b>	Black
<b>FRAME FINISH</b>	Electrostatic Powder coating
<b>CUSTOMIZABLE PAINT OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE BRANDING OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CABLE VS. BELT DRIVEN TRANSMISSION</b>	Cable drive
<b>BOLT DOWN LOCATIONS DEFINED</b>	Yes
<b>INTEGRATED LEVELING SYSTEM</b>	Yes
<b>HARDWARE TYPE</b>	Hex / Button Head
<b>TUBING STYLE &amp; THICKNESS</b>	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

### USER SPECIFIC INFORMATION

<b>STATIC PLACARDS</b>	Animated lenticulars, showing start and stop positions
<b>MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE</b>	Yes
<b>ANIMATED LENTICULAR</b>	Animated lenticulars, showing start and stop positions
<b>SAFETY CATCH &amp; STOPS</b>	Yes, end range of motion safety stop
<b>WATER BOTTLE HOLDER</b>	Yes, integrated to weight stack tower, eye level
<b>PHONE HOLDER</b>	Yes, adjustable in size and position
<b>GRIP SPECIFICATIONS</b>	Rubber, large grips for pushing, smaller grips for pulling.
<b>FOOT PLATFORM</b>	Extra-large non-slip leverage bar for assisted start and stop positions.
<b>CONTOURED PADS</b>	Yes, contoured pads
<b>BELT STABILIZATION SYSTEM</b>	Yes, heavy-duty seat belt restraint system to accommodate all users

### WEIGHT STACK SPECIFICATIONS

<b>TOTAL STACK WEIGHT</b>	200 LB (91 KG)
<b>INCREMENTAL WEIGHT SYSTEM</b>	10 lb increment, 5 lb add on
<b>WEIGHT STACK TOWER HEIGHT</b>	Standard 64in (163 cm) height on all products
<b>PLATE LOADED</b>	N/A
<b>WEIGHT STORAGE SOLUTION</b>	N/A
<b>LNL TECHNOLOGY</b>	Yes
<b>ADD-ON RESISTANCE AVAILABLE</b>	Yes, 5 lb incremental add on plate
<b>WEIGHT STACK SHROUD SPECIFICATIONS</b>	Uniform size, standard steel / customized aluminum materials

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.